

#KindnessWorksHereWeek

Music | Gifts | Books | Activity packs | Hosting packs
Online presentations & workshops | The Great Kindness Bake Off

11 - 15 NOV 2024

Kindness Saves Lives in Healthcare

Every day, healthcare staff and patients deal with the hard truths of what it is to be human. Feeling cared about as a person, not just an illness or a worker matters.

We've created #KindnessWorksHere Week to celebrate and elevate kindness in healthcare - and ultimately save lives. When kindness is at work, everyone thrives!

How to get Involved

- 1. Plan your own kindness celebrations**
We'll help you with activity and celebration kits.
- 2. Join our Gathering of Kindness Event**
Daily presentations and workshops online.
- 3. Join the Great Kindness Bake Off**
Raise awareness and money while nourishing others.
- 4. All of the above!**

Join us wherever you are, whoever you are for conversation, celebration, creativity.... and cake!

hush
foundation

Gathering of
Kindness



Proudly supported by



THE PHIL TAYLOR FOUNDATION

KINDNESS MATTERS

More people die of **medical error** each year than they do from car accidents or breast cancer.

Up to 70%

of **medical error** has been attributed to poor communication - exacerbated by stress, burnout and incivility.

More than 50%

of the healthcare workforce report feeling burned out.

Suicide rates amongst female doctors is

76% higher

than the general population.

The healthcare and social assistance industries had the highest number of serious claims for work-related mental health conditions than any other industry over the last five years (*Safe Work Australia, 2022*).

to become a Kindness Champion, a #KindnessWorksHere team or organisation and help raise much needed awareness and funds for this important cause and help improve lives in healthcare with kindness!
REGISTER, LEARN MORE OR DONATE
hush.org.au/kindnessworkshere

EVENT PROGRAM

Gathering of **Kindness**
Kindness in Action
ONLINE 11-15 NOVEMBER 2024

Structural kindness - working smarter not harder

Healthcare leadership in support of structural and organisational kindness.

MONDAY 11TH NOVEMBER
12.30PM - 1.30PM AEST

Leaders are uniquely placed to drive change. Or not. What actions and policies encourage respectful and high-functioning workplaces? And better patient outcomes.

Proudly sponsored by:



Presenters



Professor Keith McNeil
SA Commission on Excellence and Innovation in Health.



Dr Robert Styles
ProSocial World.



Dr Peta Miller
Workplace Health and Safety expert.



Hosted by Lucy Mayes
Manager Engagement, Hush Foundation, Author 'Beyond the Stethoscope: Doctors' stories of reclaiming hope, heart and healing in medicine'.

The Knowledge Gene

TUESDAY 12TH NOVEMBER
12.30PM - 1.30PM AEST

The groundbreaking new discovery linking evolutionary biology, genetics, indigenous knowledge systems, neurodiversity, the arts and learning. And why it matters for healthcare.

Presenters



Dr Lynne Kelly
Author, educator, researcher and science communicator.

In conversation with



Dr Richard Mayes
GP Obstetrician, clinical educator, social prescriber, amateur dance instructor.

EVENT PROGRAM

Gathering of Kindness
Kindness in Action
ONLINE 11-15 NOVEMBER 2024

What Matters to you?

And why should it matter to healthcare?

**WEDNESDAY 13TH NOVEMBER
8.30AM - 9.30AM AEST**

The important question which sparked an international movement towards more person-centred care - for both patients and colleagues.

Presenters



Professor Maureen Bisognano

President Emerita and Senior Fellow. Institute for Healthcare Improvement.



Karen Turner

Senior Improvement Advisor, Royal Free Hospital, London.



Australasian examples of What Matters initiatives,
Hosted by **Professor Catherine Crock AM**

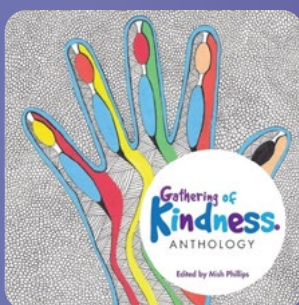
Physician, Founder, Chair & CEO, Hush Foundation.

Arts in Health - Health in Arts

*Writing, music, story-telling and Haiku
- in celebration of world kindness day*

**WEDNESDAY 13TH NOVEMBER
12.30 - 2.30PM AEST**

Join us for a conversation with our panel about the powerful connection between medical science, healthcare, creativity and the arts. Hear the stories of kindness in healthcare collected in the Hush Kindness Anthology #2 with readings, conversation and a Haiku workshop.



*Attendees will receive 20% off purchases of the Kindness Anthology purchased on the day

Presenters



Dr Michael Leach (PhD)

Monash University School of Rural Health.

Hush Highly Commended Writer's Prize authors.



Hosted by **Matt Hoy**

Professional musician, Artistic and Strategic Advisor, Hush Foundation.

EVENT PROGRAM

Gathering of Kindness
Kindness in Action
ONLINE 11-15 NOVEMBER 2024

Reciprocal Respect

The pitfalls of bias and the power of partnership

THURSDAY 14TH
12.30 - 1.30PM AEST

What is the impact of unconscious bias, power and hierarchy in healthcare? Understanding factors such as age, ethnicity, and diversity leads to more effective relationships with patients and amongst staff.

The Patient Patient

FRIDAY 15TH NOV
12:30PM - 1:30PM AEST

Disaster recovery expert Louise Scott didn't expect to be having to turn her professional skills to her own challenging health journey. Louise shares tips and insights on effective communication, what mattered most to her, and, together with her doctor, what it is like to be the human on both sides of the bed.

Presenters



Louise Scott
Patient Storyteller.



Dr Stephen Walker
Haematologist.



To register, go to:
hush.org.au/kindnessworkshere



@gokindness
GofKindness
in hush-foundation

Gathering of Kindness hush
foundation