

RESEARCH PARTICIPANTS NEEDED

We want to hear from young adults with lived experience to help shape guidelines to reduce the use of restraint for feeding in the treatment of young people hospitalised with anorexia nervosa or atypical anorexia nervosa.



This research is called the Guidelines for the use of Restraint in young people with Anorexia through Collaborative Engagement (grace) project. To find out more and register your interest scan the QR code <https://redcap.link/4dxgm5yp> or email us at grace.project@rch.org.au

What is involved for participants?

- An interview with an experienced nurse in a safe environment.
- Interviews can be in-person or via Zoom.
- Interviews will last no longer than 60 minutes.

Who can participate in this research?

- Adults (18+ years) who experienced restraint* as an adolescent during treatment for Anorexia Nervosa or Atypical Anorexia Nervosa.

*The experience of restraint must be at least 6 months ago and less than 10 years ago.



grace is a project being run by The Royal Children's Hospital and the University of Melbourne, in collaboration with Lived-Experience Advisors.

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