

young people's healthcare rights

our rights are:

- what's best for each of us.

- to express our views respectfully, be **HEARD** and have something done about it.

- to use, and receive the **BEST** available health care.

- to be treated with **RESPECT** in regards to our values, beliefs and culture. we each have the right to be ourselves.

- to be with and guided by our **FAMILY**, unless this is against our best interest.

- to be **INVOLVED** in making decisions that affect us.

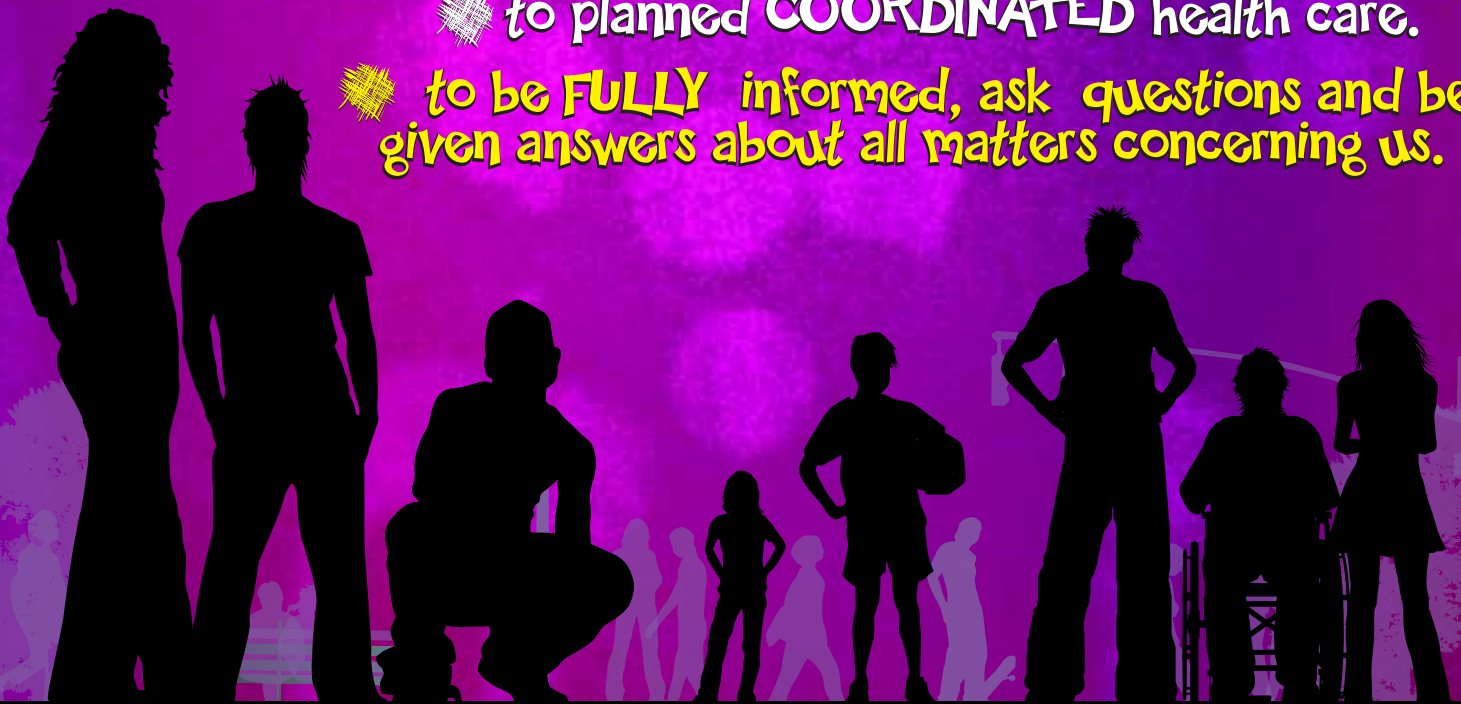
- to be **PROTECTED** from harm.

- to **PRIVACY**.

- to education, rest, play, creative **ACTIVITIES** and recreation.

- to planned **COORDINATED** health care.

- to be **FULLY** informed, ask questions and be given answers about all matters concerning us.



be in the know

